

2021/2022 SILVER BLADES - PARENT INFORMATION:

Season start date – SUNDAY October 31st (Dates and times subject to change – I will send out a confirmation email closer to the start of the season)

* PRE-CAN– ½ hr lesson on Sundays. One parent/caregiver is allowed on the ice with their child if they wish.

* CANSKATE • LEVELS 1-6 : have the option to do one day a week with a 45 min lesson on Sunday or 2 days a week and have a 45 min lesson on Sunday as well as a 45 min lesson on Wednesday.

*RISING-STAR – (STAR LEVEL 1) 2 hours of ice time (sunday and friday) includes approx. 60 minutes of varied coaching time depending on who is attending and the rest is practice time. Coaching fees will be billed separately. Option to attend off ice training on Wednesdays as well.

*STAR SKATERS Approximately 5-6 hours per week of ice time plus additional off-ice and conditioning training.

STAR SKATERS are **required** to volunteer as CanSkate Program Assistants as part of the program fee. You are ambassadors for our club and are seen as role models for our younger skaters.

COACHING time will be billed to you separately, directly from the coach. Any skater NOT informing the coach or executive that they will be absent will result in the coach billing you for time even tho you weren't there. In cases of illness or advance notice the coach time will be not be billed. (*Ask for more details on coaching fees.*) – \$32 per hour – divided up into 15 minute intervals.(\$8.00 per 15 minutes) *If coaching is shared amongst 4 skaters for the 15 minutes you each pay \$2 or if it is a private session you will pay \$8 etc. Coaching time is NOT equal for each skater, it will depend on level, testing and competition preparation etc. Please discuss your expectations with the coach directly.*

FUNDRAISING FEE- We need to continue our efforts to fundraise this year.

We ask those that DO NOT want to help fundraise pay the \$200 fee up front.

This will exempt you from selling the raffle ticket books, the poinsettias and other fundraising events we may need to do.

Everyone is expected to help during the carnival as it does not fall under the fundraising fee effort

Additional Information: COVID rules apply and may change during the year.

Safety and Equipment Information

Skaters attending CanSkate sessions will have more fun and advance faster if they are properly and safely equipped. This means making sure that:

1.) Skates fit comfortably

- There is room for toes to wiggle slightly
- Heels do not lift inside the skate more than . inch – ankles should not be “floppy”
- Excess laces are tucked or tied up so that they do not hang loose or drag on the ice

3.) Equipment Care

To protect the skate blades, skate guards should be worn in any area that is not protected by rubber mats. At the end of each session the skate blades should be wiped with a dry cloth to prevent rusting. Skate sharpening should be done periodically. We recommend Minsota Hockey for your sharpening needs; contact Jason Girodat 306-297-9085 or Paige Girodat 306-294-8935. You can also leave skates with the concession staff and they will hold them while you wait for some one to sharpen them.

4.) Helmets

A reminder that an CSA approved helmet, with or without a cage, must be worn by all skaters at the Canskate level

5.) Clothing

Skaters should dress warmly for our sessions. We recommend wearing mittens or gloves and even ski pants for our skaters who are just learning how to stand on their own on the ice.

7.) Rising Star Seminar hosted in Shaunavon- November 14th

8.) We are looking into hosting our Region 3 Competition and CanSkate Fun Fest in the new year. Stay tuned for more information.

8.) Have FUN – a positive outlook and having fun while learning to skate is what we are striving for – so enjoy.

9.) Watch for regular newsletters to keep up to date on what we are up to. If anything is added, changed or cancelled this is how you will be notified.

Our main source of communication is email newsletters and facebook posts. Please join our Facebook group: “Shaunavon Silver Blades Parents Information”, or make sure your email is current.

Thank you!

Linda Kutschall – Club President
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