

## OBJECT OF DISC GOLF

To play each hole in the fewest throws possible.

The player with the fewest total throws for the course wins!

## BASIC RULES OF DISC GOLF

**General Disc Golf Rules and Play:** Disc golf is played like ball golf using a flying disc. One point is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score. Below you will find terms you will need to be familiar with.

**Tee Throws:** Tee throws must be completed within or behind the designated tee area. Do not throw until the players in front of you are out of range.

**Lie:** The spot where the previous throw has landed, mark with a mini disc or leave the disc as is. Your next throw is taken behind your lie.

**Throwing Order:** After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least number of throws on the previous hole is the first to tee off on the next hole.

**Fairway Throws:** A run-up and follow-through after release, is allowed, do not surpass the lie.

**Completion Of Hole:** A disc that comes to rest in the basket or chains constitutes the successful completion of that hole. A disc on top of the basket does not count as completion.

**Un-Playable Lie:** Any disc that comes to rest above the ground is considered an un-playable lie. The disc must be thrown from the lie on the ground, directly underneath the un-playable lie.

In the case of excessive mud, puddles or to get out of harms way, you may back up on the line of play, up to 5 metres to establish your ' lie ' without penalty.

**Out Of Bounds:** A throw that lands out of bounds, must be played from a point 3 feet in bounds from where the disc went out of bounds or rethrown from the previous lie. Permanent water hazards and public roads are always out of bounds.

## DOES IT COUNT?



## DISC GOLF ETIQUETTE

- Share the park with other users
- Furthest player from the target throws first
- Never stand in the line of sight of a player throwing
- No smoking, alcohol or drugs allowed on the course
- NO LITTERING! Help us keep this course beautiful

## DISC GOLFERS CODE

- **Play Smart** - Never throw into a blind area or when players, spectators, pedestrians or other facility users are within range. Use a spotter.
- **Respect the Course** - Observe all posted rules. No littering, graffiti, or abuse of equipment or flora.
- **Represent the Sport** - Be polite and responsible. Teach others.
- Be mindful of your surroundings (do not throw discs at buildings or onto roadways)
- Each participant should have their own discs
- Rented discs will be disinfected between each rental

Disc Golf Maps:

